

# CONFIDENTIAL QUESTIONNAIRE

Fill out the information that applies to you. Leave blank any questions you do not feel comfortable answering.

## NEW CLIENT DATA

Date \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

Date of Birth \_\_\_\_\_ Place of Birth \_\_\_\_\_

Number of Brothers \_\_\_\_\_ Number of Sisters \_\_\_\_\_ You are the \_\_\_\_\_ Child

Education \_\_\_\_\_

Religious Preference: Now: \_\_\_\_\_ In Childhood: \_\_\_\_\_

Place of Employment \_\_\_\_\_ Position \_\_\_\_\_

Single \_\_\_\_\_ Living Together \_\_\_\_\_ Engaged \_\_\_\_\_ Married \_\_\_\_\_ How Long \_\_\_\_\_ How Long Dated Mate \_\_\_\_\_

Separated \_\_\_\_\_ How Long \_\_\_\_\_ Divorced \_\_\_\_\_ How Long \_\_\_\_\_ Widowed \_\_\_\_\_ How Long \_\_\_\_\_

Number of previous marriages/significant relationships. \_\_\_\_\_ First names of previous mates, number of years with that person and number of children born to that relationship. \_\_\_\_\_

Mother's Occupation \_\_\_\_\_ Her Age \_\_\_\_\_ Age at Death \_\_\_\_\_ Cause \_\_\_\_\_

Father's Occupation \_\_\_\_\_ His Age \_\_\_\_\_ Age at Death \_\_\_\_\_ Cause \_\_\_\_\_

How would you rate your parents' marriage? Very Happy \_\_\_\_\_ Happy \_\_\_\_\_ Average \_\_\_\_\_ Unhappy \_\_\_\_\_

If divorced, what was your age when this occurred? \_\_\_\_\_

You were referred by: \_\_\_\_\_

## YOUR CHILDREN

Child's Name	Age	Sex	Comments (Custody, Support, Etc.)

## YOUR PRESENT HEALTH

Excellent \_\_\_\_\_ Average \_\_\_\_\_ Poor \_\_\_\_\_ When was your last medical exam? \_\_\_\_\_

Findings \_\_\_\_\_

Are you presently taking any kind of medication? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, indicate what kind \_\_\_\_\_ What purpose \_\_\_\_\_

Please give the name of your personal or family physician \_\_\_\_\_

(If more than one, please indicate \_\_\_\_\_

May I contact your physician(s) if appropriate to your treatment? Yes \_\_\_\_\_ No \_\_\_\_\_

Telephone \_\_\_\_\_ Address \_\_\_\_\_

List all previous psychotherapy, counseling or other treatment for personal and/or relationship problems:

Date	Types of Problem	Name of Professional or Agency

Has any of the above treatment included hospitalization? Yes \_\_\_\_\_ No \_\_\_\_\_

If so, please indicate when and for how long \_\_\_\_\_

Please indicate if there is additional medical and/or personal information not previously requested that you feel should be included. \_\_\_\_\_

## INFORMATION ON PARTNER

Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Business Phone \_\_\_\_\_

Education \_\_\_\_\_

Religious Preference: Now: \_\_\_\_\_ In Childhood: \_\_\_\_\_

Place of Employment \_\_\_\_\_ Position \_\_\_\_\_

Has partner ever been in therapy \_\_\_\_\_

Partner's physical health: Excellent \_\_\_\_\_ Average \_\_\_\_\_ Poor \_\_\_\_\_

Number of previous marriages: \_\_\_\_\_ First names of previous mates, number of years married to that person and number of children born to that relationship. \_\_\_\_\_

## PERSONAL HEALTH HISTORY

Please check which of the following you have had:

Condition	Yes	Approximate Date	Condition	Yes	Approximate Date
Accident (Serious)			Insomnia		
Alcoholism			Irritableness		
Anxiety			Low Blood Pressure		
Appetite Loss			Meningitis		
Asthma			Menstrual Problems		
Back Pain (Chronic)			Miscarriage		
Cancer			Paralysis		
Constipation			Pneumonia		
Depression			Sexually Unresponsive		
Diabetes			Shaking		
Diarrhea			Sterility		
Discouragement			Surgery (Major)		
Fainting Spells			Tension		
Headaches (Chronic)			Thyroid Problems		
Heart Problems			Tuberculosis		
Hemorrhoids			Tumors		
High Blood Pressure			Ulcer		
HIV			Vasectomy		
Hysterectomy			Worries		
Impotence			Other		

Please circle a number for each area below:

Your area of concern:	Very Dissatisfied				to		Very Satisfield			
	1	2	3	4	5	6	7	8	9	10
Household responsibilities										
Rearing of children										
Sex										
Social Activities										
Money										
Communication										
Independence/Dependence										
Partner										
Relatives/In Laws										
Religion										
Alcohol										
Jealousy										
Infidelity										
Career/Work										
Physical Health										

**Signature** \_\_\_\_\_